

## **Pasta & Grains**

**Avera** – with fresh seasonal vegetables

**Pasta Marinara** – plum tomato, onion, garlic and fresh basil

**Penne Arabiatta** – with a spicy fresh tomato and basil sauce

**Pasta with Broccoli Rabe** – broccoli rabe, sun dried tomatoes and garlic

**Baked Ziti** – fresh mozzarella, ricotta and tomato sauce also available with meat

**Penne alla Vodka** – vodka, cream and tomato sauce

**Spaghetti Bolognese** – with a meat and marinara sauce

**Pasta Capnata** – eggplant, onion, capers garlic and fresh herbs

**Fettucini Alfredo** – cream, egg yolk, peas, parmesan and garlic

**Greek Pasta Salad** – with feta cheese, spinach, olives and red onions

**Mediterranean Seafood Pasta** – shrimp, scallops, calamari, crabmeat and clams

**Rigatoni Pasta Salad** – fresh asparagus, red onion, tomato and lemon zest

**Orzo Pasta Salad** – with spinach, red onions, olives, tomato, garlic and fresh herbs

**Orzo Salad** – with corn, tomatoes and fresh basil

**Baked Macaroni and Cheese** – with sharp cheddar cheese and scallions

**Penne Pasta Salad** – with tomato, basil, garlic and mozzarella

**Cheese Ravioli** – served with a pesto or mango dressing

**Lobster Ravioli** – with a roasted red pepper and garlic dressing

**White Beans and Pasta** – cannelloni beans, roasted garlic and parsley

**Tri-color Tortellini** – with marinara or plum tomatoes and toasted pine nuts in a pesto dressing

**Linguini** – with white clam sauce

**Sesame Noodles** – scallions, cilantro and a spicy peanut sauce

**Vegetable Lasagna** – layered with Mediterranean vegetables, ricotta and mozzarella cheese and fresh herbs

**Meat Lasagna** – seasoned ground beef and tomato sauce with ricotta and mozzarella cheeses

**South Western Pasta** – tomato salsa, green chilies, black beans, scallions, Swiss cheese and cilantro

**Wild Mushroom Ragout Pasta** – assorted wild mushrooms in a savory sauce

**Shrimp Pasta** – sautéed baby shrimp with red and green bell peppers, zucchini, squash, broccoli, oil, garlic

**Fusilli Provencale** – plum tomatoes, artichoke hearts, onions, garlic, fresh herbs and white wine

**Chicken Pasta** – marinated chicken with red and green bell peppers, zucchini, squash, broccoli, oil, garlic

**Rice** – white and wild with raisins, carrots and celery, white, brown, pilaf, saffron, basmati, Spanish, wild, curried or house blend

**Tabouleh** – bulgur wheat, finely diced cucumber, tomato and scallions with fresh herbs and lemon juice

**Cous-cous** – with golden raisins, red onions, carrots and bell peppers

**Spinach, Egg and Tomato Striped Tortellini** – with broccoli, mushrooms and sun dried tomatoes

**Tri-Color Tortellini** – with sun dried tomato and garlic pesto dressing

**Tri-Color Fusilli Pasta** – with roasted vegetable mélange, smoke mozzarella and basil

**Fusilli Pasta** – with broccoli, sun dried tomatoes and garlic

**Orecchiette Pasta** – with olives, oregano and fresh tomatoes

**Assorted Stuffed Shells** – with assorted dressings

**Curried Barley** – with raisins and almonds

**Rice, Pinto Bean and Corn Salad**

**Black Bean Salad**

*In most cases substitutions can be made.*